



John 13v34-35: *A new commandment I give to you, that you love one another as I have loved you. By this everyone will know that you are my disciples if you have love for one another.*

There is a need within our communities to support lonely and vulnerable people with a faith-based service. This is called **ASK** – *Acts of Simple Kindness*.

Ask yourself if this is something you can do?

Sign-up to share God's love in practical ways.

Keep the dates free to undertake some preparation and training (21st and 28th May and 4th June, from 19:00 to 21:15, venue to be confirmed, cost £5).

For more information please contact Aileen Shaw: familyshawuk@btinternet.com, 07807 199602.

